

The **Morning Moulden**

LONG BEACH, CA

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PEANUT OUTBREAK Spreads across long beach

JAN 11 · LONG BEACH, CA

Since early January, there have been sightings all over Southern California of a new and rare type of peanut outbreak. This wide spread epidemic has taken the form of a cuddly, 5-year-old black and brown chiweenie (chihuahua + dachshund). Luckily, two local Long Beach residents have volunteered to contain the Nut indefinitely. have been spotted with Peanut in a variety of places: Ocean Trails, Uptown Dog Park, downtown Los Angeles, Chantry Flats, Paramount drive-in theater, to name a few. Sources confirmed that Peanut also frequents Covina to visit his partner in crime, Bailey.

"Once he came out of his shell, Peanut has been the best little buddy. We're nuts about him!

Despite warnings of the dog's contagious cuteness, the couple

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OUTBREAK CONTINUED ON PAGE 3

IT'S BOBSLED TIME!

SEP 14 • BIG BEAR, CA

You've probably heard of the phrase "Christmas in July." But how about "Bobsledding in September"? Well in Big Bear, CA, you can experience the thrills of bobsledding year round. We interviewed first time goers on their experience. Long Beach resident, Kristina, commented "We came to Big Bear to celebrate our 5th wedding anniversary. We're always looking for something BOBSLED CONTINUED ON PAGE 2



SCOOPS AHOY GRAND OPENING

OCT 12 · LOS ANGELES, CA

Now open at LA Comic Con is Scoops Ahoy, an ice cream parlor located in the food court of Starcourt Mall. And Steve and Robin, from hit Netflix show, Stranger Things,

SCOOPS CONTINUED ON PAGE 3



BOBSLED CONTINUED

new to try and we definitely found our new favorite thing to do here!" The Alpine Slide bobsleds can really pick up speed. Husband, Shelby, said "I did the bobsled course three times to improve my record. I got up to about 30mph!"

So the next time you're in Big Bear for the weekend (no matter the time of year), look no further than the Alpine Slide bobsleds. Also on our weekend getaway guide:

Must-Dos:

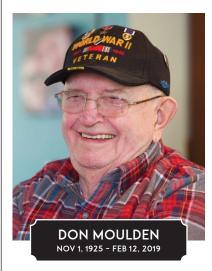
- Eat at Tropicali
- · Hike Pacific Crest trail
- · Gelato in Big Bear Village

Nice-to-Trys:

- Kayak in Big Bear Lake
- \cdot Eat at Grizzly Manor Cafe

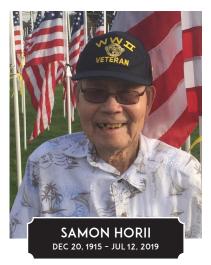
FOREVER IN OUR HEARTS

"A grandfather is someone with silver in his hair and gold in his heart." This year we had to say goodbye to two veterans, fathers, grandfathers and great-grandfathers. Their spirit may be gone, but their stories, their laughter, and the kindness that they passed on to us will keep on living.



FEB 12 · BLOOMINGTON, IN

Don grew up in Bloomington, IN. He enlisted in the US Army and fought in Europe during World War II. He earned two Purple Hearts and a Bronze Star for his bravery. After WWII, he worked at a car dealership, raised 5 children, read hundreds of books, and participated in school programs where he shared his numerous life stories. Don passed away at age 93.



JUL 12 · SAN DIMAS, CA

Samon grew up on a family farm in Dinuba, CA. He was drafted into the US Army, where he served in the medical corp at Fort Lewis. Then he graduated from the Military Intelligence Services (MIS). After WWII, he started a local gardening business, raised 3 children, was involved in his community, and never missed a grandkid's game or piano recital. Samon passed away at age 103.



OUTBREAK CONTINUED

Despite our daily 6am wake-up licks, we love all of our adventures with him. From playtime at home, to walks around the neighborhood and exploring new places, there's no butter dog than Peanut," says adopted mom, Kristina.

If you spot Peanut, proceed with caution. He's been known to fall in love with anyone who gives him food or belly rubs. He was last seen chasing a squirrel at Somerset Park in Long Beach.





PAVING THE WAY

JUN 15 • LONG BEACH, CA

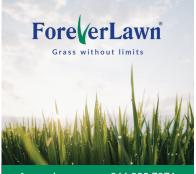
It's been a little over a year now and every day we fall more in love with our new home as it slowly becomes something we've created together. We're also slowly learning that owning a house comes with a neverending list of home projects. And this year we were able to cross off a few big ones! The winner of the most time-consuming and laborious project goes to our front yard pavers! 43 hours of work, 512 pavers, 26 bags of sand, 6 bags of potting soil, 42 plants, and a few helping hands went into this project. There was a lot of sweat, maybe a tiny bit of **NESTING CONTINUED ON PAGE 4**

SCOOPS CONTINUED

were there to cut the ribbon.

Among the guests to attend the grand opening were Raven, Number Five, Waldo, a Lego family, fat Thor and about 43 Spider-Men.

Later in the month, Robin and Steve were spotted in Long Beach, handing out candy to trick-or-treaters. Local kids were outraged at receiving candy instead of the popular USS Butterscotch sundae.



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NESTING CONTINUED

blood and only tears of joy when it was done. But it was well worth it!

Among the rest of our home projects, here are our top three honorable mentions of 2019:



Location: Office Duration: 1 day Supplies: Nails, hanging hooks, hammer, a level, and good math skills



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Location: Guest Bedroom Duration: 2 weeks Supplies: Pencil, paint, brushes, Magic Eraser, step stool, and a ton of patience





Location: Backyard Duration: 1 day Supplies: Yelp skills Vendor: Forever Lawn

FROM OUR HOME TO YOURS

This year has definitely had its ups and downs. 2019 was filled with tears and heartbreak as we said goodbye to our granddad, uncle, greatuncle and Gpa. But we were also able to celebrate a few things too: the start of a new job for Kristina (yes, this is a different "new" job than last year's new job), the addition of Peanut into our family, the launch of Sidecar Health. closer friendships with our and our fifth neighbors, wedding anniversary.

At the close of this year, we appreciate our friends and



family who have been there for all our highs and lows. From our home to yours, Merry Christmas and here's to a new and bright 2020.

♥ Shelby, Kristina & Peanut

